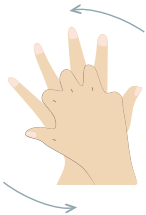


8 Step Hand Wash Technique

Rinse your hands with water and apply two pumps of Sychem PROTECT Hand Wash.



1



Right palm over left dorsum and left palm over right dorsum.

3



Backs of fingers to opposing palms with fingers interlocked.

5



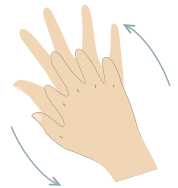
Rotational rubbing, backwards and forwards with clasped fingers of hand in left palm then vice versa.

7



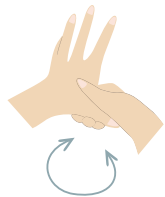
Rub palm to palm.

2



Palm to palm with fingers interlaced.

4



Rotational rubbing of right thumb clasped in left palm, then vice versa.

6



Rinse your hands with water.

8